



breakfast menu

SERVED FROM 7AM – 11.30AM

breakfast

SOURDOUGH TOAST 10

vegemite, peanut butter, jam or honey
V/N/DFA/GFA

FRUIT TOAST 14

whipped ricotta + bush honey V

BANANA BREAD 15

honeycomb butter, fresh banana + icing sugar V

EGGS ON TOAST 17

fried, scrambled or poached eggs on sourdough
V/GFA/DFA

HOUSE BLEND MUESLI 18

coyo, toasted coconut, chia + seasonal fruit
GF/DF/V/N

BLT 19

potato bun, bacon, lettuce, fresh tomato + aioli
GFA/DFA

BACON + EGG ROLL 19

rocket, aioli + bbq sauce GFA/DFA

AVOCADO TOAST 20

feta, tomato, basil + evoo on grilled sourdough
VGA/GFA/DFA

SOURDOUGH CRUMPETS 21

whipped copper tree farm butter, bush honey
+ toasted macadamias V/N/DFA

BRIOCHE FRENCH TOAST 21

poached pear & rhubarb, creme fraiche,
toasted almonds + maple syrup V/N

FALAFEL BOWL 26

falafel, cauliflower rice, green tahini,
pickles, radish + leaves V/VG/DF/GF/S

GRILLED HALOUMI + QUINOA BOWL 28

poached eggs, avocado, baby spinach,
puffed grain + lemon V/GFA/DFA

THE SHELLY POACHER 28

2 poached eggs, corn fritters, avocado,
watercress + tomato chilli jam V/GF/DF

CRAB SCRAMBLE 28

sriracha, beansprouts, red onion, peanut
crunch + sourdough GFA/N/DFA/A

HEUVOS RANCHEROS 29

corn tortilla, frijoles, fried eggs, avocado,
queso fresco, jalapenos + pickled red onion
V/GF/DFA

additions

2 x eggs 6 GF/DF	3 x falafels 6 VG/DF
bacon 6 GF/DF	avocado 6 VG/DF
haloumi 9 V/GF	
hash brown 6 VG/DF	
smoked salmon 14 GF/DF/A	

little nippers

BACON + EGG ROLL 15

bbq or tomato sauce GFA

CRUMPETS 15

vegemite, peanut butter, jam or honey V/N

SCRAMBLED EGGS 15

sourdough V/GFA

coffee

LONG BLACK, CAPPUCCINO,
FLAT WHITE, LATTE, MOCHA,
PICCOLO

REG 5.5 / LARGE 6.5

MACCHIATO, ESPRESSO 5

hot drinks

HOT CHOCOLATE,
CHAI LATTE, DIRTY CHAI
REG 5.5 / LARGE 6.5

MATCHA LATTE 8
BABYCINO 2.5

tea

ENGLISH BREAKFAST, EARL GREY,
GREEN, PEPPERMINT, CHAMOMILE,
FRESH LEMON + GINGER
ONE SIZE 6

CHAI MASALA 7

ALMOND, SOY, OAT, DECAF,
COCONUT MILK, EXTRA SHOT + 0.7
SYRUP hazelnut, caramel + vanilla + 0.7

ice drinks one size

ICED LONG BLACK 7

ICED LATTE 7

add ice-cream scoop 3

ICED CHAI 7

ICED MATCHA 8

AFFOGATO 10

milkshakes

CHOCOLATE, CARAMEL,
VANILLA, STRAWBERRY

all made with flavoured syrup,
milk, vanilla ice-cream

KIDS 7 / REG 10

smoothies

MANGO 13
mango, coconut milk + honey DF

BANANA 13
banana, honey, cinnamon + milk

BERRY 13
mixed berries, milk + honey

fresh cold pressed juice

GREEN 10
spinach, kale, cucumber, apple, celery, lemon

CARROT + TURMERIC 10

WATERMELON + LIME 10

ORANGE 10

tonic

TURMERIC + GINGER SHOT 8
orange, honey, turmeric, ginger + black pepper

We accept Amex, Visa and Mastercard. 10% surcharge on Saturday. 12.5% surcharge on Sunday. 20% on public holidays.

GF GLUTEN FREE GFA GLUTEN FREE AVAILABLE V VEGETARIAN
VG VEGAN DFA DAIRY FREE AVAILABLE N CONTAINS NUTS
DF DAIRY FREE S CONTAINS SESAME A AUSTRALIAN SEAFOOD
I IMPORTED SEAFOOD